

Guiding Good Choices® (GGC)

Guiding Good Choices® (GGC) is a family skills-training program designed for parents and their children ages 9-14. The primary goals of the program are to enhance positive parent-child interactions and help parents prevent their children's drug use and related behavioral problems.

The GGC program is an interactive, multimedia curriculum that uses a variety of strategies to teach new skills, including modeling in videos; role-play; guided, small and large group discussions; and home practice activities. It can be licensed from the University of Washington as either a 1-year or a 3-year renewable membership subscription for one or more people with a discount available for larger groups.

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