

## Preventing Addiction Related Suicide (PARS)

### Web

Preventing Addiction Related Suicide is a prevention intervention provided to addiction treatment patients who are at higher risk of suicide. PARS is a 2-3-hour PowerPoint-based, interactive group session that focuses on future suicide prevention, not acute treatment. Prior to PARS, no evidence-based suicide prevention intervention had been developed for alcohol/drug addiction treatment populations.

PARSWeb is a training for addiction specialists and counselors to help deliver the PARS intervention to their patients/clients in group settings. These materials were developed in collaboration with the AIMS Center and Dr. Richard Ries. The PARSWeb Manual and Training are both being made available at a no or a low cost in hopes of increasing access to this life saving intervention in Washington and across the country.

Learn more about PARS and PARSWeb here: <https://www.uwcspar.org/parsweb.html>

#### International Requests:

University of Washington agreements require additional review if the requesting entity is located in, or affiliated with the government of, China (Including Hong Kong; not including Taiwan), Iran, North Korea, Russia, or Syria. For requests from these countries, please **allow for an additional month of processing time** for a response.

#### Available Licenses

#### PARSWeb Manual Download

The PARSWeb Manual includes the PARS PowerPoint slides for administration to clients/patients and the PARS PowerPoint Slides with integrated brief guide for counselors on leading discussions around slide content.

#### PARSWeb Training Registration

The PARSWeb Training is an online, self-paced, interactive suicide prevention training for addiction specialists and counselors, like SUDPs in Washington, to teach the delivery of PARS within community addiction group therapy treatment. It takes about 3 to 4 hours to complete and a certificate of completion is available upon passing a short quiz at the end.

The training includes:

- The PARSweb manual

#### Technology ID

49414

#### Category

Software/Other

Copyright/Training and Education

Express Digital Content Licensing

#### Further information

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#### Learn more



- A web-based workbook that includes expanded guidance, sample discussion prompts, and facilitation tips from the UW CSPAR PARS team based on live group observations.
- A full video example of Dr. Ries facilitating the PARS training live at a community addiction treatment center.
- Highlights of key content sections and group discussions.